

Arkusz1

Wyniki

III PÓLMARATON LEŚNY ORŁO 18 II 1017 r.

| MSC | Nazwisko imię | rok | klub | nr s | 21,1km | 14km | 7km |
|------|----------------------|------|----------------------------------|------|----------|----------|-------|
| 1 | Krukowski Krzysztof | 1976 | Nowa Wieś k. Ostrołęki | 30 | 01:25,50 | 57,10 | 28,39 |
| 2 | Zych Tomasz | 1991 | 12tri.pl Jasienica | 68 | 01:27,25 | 58,11 | 28,45 |
| 3 | Król Dariusz | 1964 | Aktywny Relaks Wołomin | 29 | 01:29,14 | 58,59 | 29,06 |
| 4 | Szczotka Arkadiusz | 1982 | Wola Raszewska | 56 | 01:31,34 | 59,21 | 28,57 |
| 5 | Luks Tomasz | 1986 | Serock Biega z Hotelem Narvil | 32 | 01:32,49 | 01:01,35 | 30,00 |
| 6 | Nowak Paweł | 1989 | Roch Jasienica | 41 | 01:34,02 | 01:02,00 | 30,19 |
| 7 | Mąka Sławomir | 1966 | Starglass Team Ostrołęka | 34 | 01:34,38 | 01:01,40 | 29,50 |
| 8 | Zaręba Tomasz | 1981 | Sporteam Zambrów | 67 | 01:34,46 | 01:02,30 | 30,13 |
| 9 | Bartołowicz Dawid | 1992 | Brochów | 3 | 01:35,14 | 01:02,12 | 29,35 |
| 10 | Wilkowski Mirosław | 1964 | AGRO-METAL Ostrołęka | 62 | 01:36,12 | 01:02,30 | 30,20 |
| 11 | Głowacki Paweł, | 1981 | Serock Biega z Hotelem Narvil | 19 | 01:37,24 | 01:04,47 | 31,50 |
| 12 | Gawron Paweł | 1981 | Rzeszów | 18 | 01:37,34 | 01:05,01 | 31,58 |
| 13 | Kępiński Paweł | 1985 | LKS Ostrowianka | 25 | 01:37,50 | 01:03,55 | 30,28 |
| 14 | Mielczarski Bartosz | 1984 | Warszawa | 35 | 01:39,47 | 01:04,47 | 31,08 |
| 15 | Pędzich Waldemar | 1961 | is Starostwo Powiatowe Ostrołęka | 44 | 01:40,18 | 01:06,17 | 32,27 |
| 16 | Figat Andrzej | 1977 | Kobyłka | 14 | 01:41,54 | 01:06,05 | 31,59 |
| 17 | Godlewski Michał | 1982 | LKS Ostrowianka | 21 | 01:42,36 | 01:07,07 | 32,40 |
| 18 | Wojtkowski Dariusz | 1978 | MKB Team Małkinia | 63 | 01:42,36 | 01:07,27 | 32,23 |
| 19 | Zakościelny Marcin | 1970 | Lublin, Wieś tańczy i biega | 65 | 01:43,09 | 01:07,45 | 33,20 |
| 20 | Zyśk Arkadiusz | 1975 | KS ARCO Ławy Ławy | 69 | 01:43,26 | 01:08,57 | 33,29 |
| 21 | Domalewski Łukasz | 1986 | KB Wyszaków | 8 | 01:44,23 | 01:09,43 | 34,45 |
| 22 | Skłodowski Henryk | 1967 | Dąbrowa | 53 | 01:45,05 | 01:08,30 | 33,47 |
| 23 | Rzeczkowski Adam | 1973 | Hel | 48 | 01:45,36 | 01:09,49 | 33,54 |
| 24 | Kołodziej Andrzej | 1976 | Lublin Wieś tańczy i biega | 27 | 01:45,48 | 01:09,01 | 33,40 |
| 25 | Romejko Dariusz | 1975 | Ostrów Biega | 46 | 01:46,53 | 01:10,32 | 35,04 |
| 26 | Dudzik Maciej | 1984 | Lublin | 10 | 01:47,04 | 01:10,20 | 35,04 |
| 27 | Reluga Arkadiusz | 1985 | Nagoszewska | 45 | 01:47,35 | 01:10,50 | 35,04 |
| 28 | Gawkowski Artur | 1991 | Ostrów Biega | 17 | 01:47,42 | 01:10,50 | 35,04 |
| 29 | Żebrowski Marek | 1964 | KS ARCO Ławy Rzekuń | 71 | 01:47,42 | 01:10,50 | 35,04 |
| 30 | Sielecki Michał | 1977 | Ostrów Biega Komorowo | 49 | 01:48,17 | 01:10,50 | 35,04 |
| 31 | Staniszewski Zygmunt | 1960 | Szczuczyn A/WISSA | 54 | 01:48,44 | 01:13,00 | 36,20 |
| 32K1 | Parchowska Magdalena | 1996 | Gdańsk Biegostok | 83 | 01:49,26 | 01:13,02 | 36,20 |
| 33K2 | Wejdan-Okuńska Aneta | | ŁÓDŹ EVERRUN | 79 | 01:49,34 | 01:12,22 | 35,04 |
| 34K3 | Gajek, Magdalena | 1974 | Lublin, Wieś tańczy i biega | 96 | 01:50,39 | 01:13,00 | 35,04 |
| 35 | Żbikowski Paweł | 1988 | Serock Biega z Hotelem Narvil | 70 | 01:50,42 | 01:11,50 | 35,04 |
| 36 | Miniuk Paweł | 1991 | Białystok Pałę Wrotki | 36 | 01:51,13 | 01:13,10 | 36,20 |
| 37 | Małkowski Leszek | 1968 | KS ARCO Ławy Susk Nowy | 33 | 01:51,23 | 01:13,40 | 35,46 |
| 38 | Szcześniak Tadeusz | 1963 | MKB Team Małkinia | 55 | 01:52,11 | 01:13,15 | 35,25 |
| 39 | Rowiński Tomasz | 1971 | Goliat Leoncin | 47 | 01:53,54 | 01:17,00 | 38,22 |
| 40 | Warda Ryszard | 1960 | Wicher Sadowne | 59 | 01:54,10 | 01:14,37 | 36,59 |
| 41 | Misiura Jarek | 1974 | Nowy Dwór Mazowiecki | 37 | 01:55,38 | 01:17,00 | 38,19 |
| 42K4 | Kruk Edyta | 1971 | Warszawa | 94 | 01:57,07 | 01:17,10 | 36,40 |
| 43K5 | Kesler Anna | 1980 | Stare Lubiejewo | 95 | 01:57,07 | 01:17,50 | 39,00 |
| 44 | Gryko Adam | 1966 | Warszawa | 23 | 01:57,08 | 01:16,28 | 37,27 |
| 45 | Małecki Grzegorz | 1972 | Małkinia | 73 | 01:57,08 | 01:17,10 | 36,57 |
| 46 | Karowski Artur | 1975 | MKB Team Małkinia | 24 | 01:58,50 | 01:17,22 | 38,25 |
| 47 | Długoski Sławomir | 1960 | Team Małkinia | 6 | 01:59,41 | 01:17,50 | 37,59 |
| 48 | Elster Adam | 1970 | Biegamy dla zdrowia Łomża | 12 | 01:59,47 | 01:17,50 | 38,10 |

